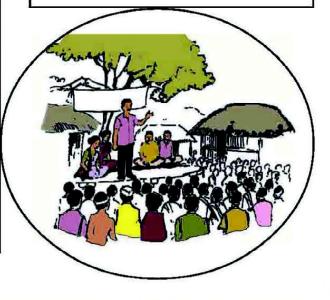


Part-2









Dr. Anant Phadke

Dr. Abhay Shukla

Sathi Centre, Cehat

# Swasthya Sathi

### Part-2

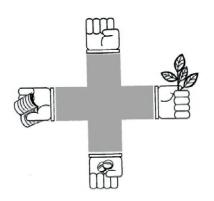
#### Dr. Anant Phadke

Dr. Abhay Shukla

CO-Author: Dr. Nilangi Nanal

Editorial Assistance: Dr. Amita Pitre, Dr. Sameer Mone

Sathi Centre, Cehat



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Phone: (020) 25451413, 25452325

e-mail: cehatpun@.vsnl.com

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## List of Some Symbols Used in This Book

| (•3•)   | Healthy                               |  |
|---|---------------------------------------|--|
| • • • •   | Unhealthy                             |  |
| <b>✓</b>  | Do                                    |  |
| X   | Do not do                             |  |
|   | Hospital/Dispensary                   |  |
|   | Bacteria                              |  |
|   | Immunity                              |  |
| multiple multiple of the control of | Morning, Afternoon, Evening,<br>Night |  |
| O   | One Day                               |  |
|   | Fifteen Days                          |  |
|   | Virus                                 |  |
| **  | Bacteria                              |  |
| •   | Parasite                              |  |