



Nutrition
Rights
Coalition



वर्ष - पहिले

अंक - आठवा, नोव्हेंबर, २०१९

कम्युनिटी अँकशन फॉर न्यूट्रिशन (कॅन) प्रक्रियेचे वार्तापत्र

पोषण-कुपोषणाचे

संक्षेप



संवादपत्र

» OH\$ \\$/SgMm
~H\$mgm !

^maVnV Aþm` mH\$_VaVZoHñnfUm§
à_mU _m\$Agb§ Var OH\$ \\$/S` m
à^ndnVý bÇñUmd n[aUm_r HñnfU
dmV` . åhUýM "H\$g[Zof AŞeZ \\$/a
Ý10eZ' à{H\$ Vý OH\$ \\$/S{danVr
OZOmVr hmV Anho `mAZFñmzo
bÇñUmd HñnfUm` mg_n` MmdV...

` mAŞ\$V ...

gñmXH\$` : OH\$ \\$/SgMm~H\$mgm

bd ...gnmYnZ' bñmAnhna ~XbVm

gH\$g {ebVm ...HéPñZohnV Anhao..

gH\$g | ~a ...BWo' bñSA\$Udnñda ào
H\$aVnV... A\$UdnñdaomJñt nñmñVrMo
AWgnø; EH\$ gñmP Yñmñmøi bm..





मोठ्या प्रमाणात सुरुच आहे, ग्रामीण भागात कुपोषणाची
गंगा म Vrd «Agé ` mZo "EH\$pe_H\$ -nb {dH\$ng ` mDZDA` m
nU nVj H\$hr à_mUmV O\$S \$danV àMma Pnë` mMs
Amf` V\$ _hramiV {defV: "anO_n/m {OOnD\$
{'ez' Yj {def à_EZ Pnë` mMs Amf` V\$ `m-m-VrV
"H\$Z' à{H\$ V gh^mJr Agbe` m "aMZm g\$WZo
Jndnm/i rda H\$be` m hñVj mMs CXnhaU ZnKdVm `BD.
"H\$Z' à{H\$ Vj nd gdar g\$WZr Jndnm/i rda {d{dY
CnH\$ _m MnbZm {Xbr Anho AerM CnH\$ _Yj aMZm
g\$WZo Xa _{hY` nbm A\$UdnSfV _n/m ~RH\$Mo Am nDZ
H\$bo ` m ~RH\$ ` m AZ\$dm-Ob "aMZm g\$WZo I rnmX
H\$Se grnVnV, ""_n/m ~RH\$ _Ü` o Amhr CnpnIV _{hbn}Y
~nbH\$ ` m dOZ-CMrA` m ZnKtMo_h\$di nOdy` {Xbo
E` m_wi o ` m _{hbn}Ym H\$nfU H\$go Ami I m Mod. E` nda
Cnm H\$ni AnhV ` mMrhr OnUrd Pnfr. E` mZya Amhr
KanKar ~m H\$nam hm CnH\$ am-dE` mMm anVnd _n\$bm
` m anVndbm _{hbn}Yr Mn\$bm à{VgnK {Xbm "
~m H\$nam ahUOo Kanrb Ago {RH\$U {OwobmZ _lbn}m
hmV ghO nmMyeH\$ ` m {RH\$U Mu\$ \nUo Jji -
I mao Agm ghO CnbAY I mD\$ Ralbm OnD\$ bm\$bm
_lbn}m I mD\$Mr AnRsU `BD Vohm ` m dñVjM \$S\$em nm\$y
bm\$bm E` m_wi ogh(OHM _lbn}m M\$Q\$eV I mD\$H\$Seb
Amf` H\$ _r hmD\$ bm\$bm g\$WZo e1/2 nA` m H\$ndu` m nmZm
YnnOo _WlMonanRed amZ^mA` n\$mgY {d{dY nm\$ iH\$
nXnVnA` m nmH\$WtMr àmE` jy H\$hr _{hbn}Ym Xm dbr.
nm\$ iH\$ nmH\$WtA` m nnYnMSAm nDZ H\$bo\$ nag-nU` m
bm\$bm anOo à{hgnhZ {Xb\$Jb\$ E` m_wi o nWn(ZH\$ nm\$ i rda
CnbAY VnA` m {O\$gnfngY ~Zdbé` m nm\$ iH\$ nXnVnZm
KanKanV ngYr {i ybmbr. E` mMa_nJo _{hbn}Yr I mar-
~Qa-QmO> {-pnH\$ erVnò § AgonXnV{dHSV Ké` nda
~{nH\$Oo Q\$bm H\$hr Jndm/rb Xh\$ZXnaf\$br _Z
di dE` mV Anbo ` m Xb\$ZXnaf\$br H\$hr {M\$g\$g\$al onXnV
{dH\$bm Z RaE` mg ndi verZog\$Vr {Xbr.

H\$Z à{H\$ Vrb AZ\$J Jndm _Ü` o Ago CnH\$ am-dbo OnV
AnhV. ` m CnH\$ _Yj Jndnm/i rda OZOnVr hrV
Agbr Var; ~nbH\$ Yrb bÇaUmA` m g_n` da i` mH\$ d
YnUñ_H\$ ñVanda hñVj mMr Andi` H\$Vm Anho "H\$ez
AmZ E\$Sj MnBESh\$ > Am-øgøs' A` m AhdrbnV/
gMdé` m_a_nJo bÇaUmMo EH\$UM n` mdaUndarb Xjn[aUm
and E` m A\$Zf\$ñZo "OmJ(VH\$ Amanté gK\$ZoZo{d{dY
am\$ Mr YnUo à_mfdV H\$am bm hdrV. E` mgnR\$ H\$hr
{e\mer H\$é` mV Ané` m AnhV. E` m Aem -

- 1) Amanté dY\$S nXnVnA` m gdZnbm engH\$` ` § UbSSZ
A{YH\$YH\$ à{hgnhZ {Xb\$Jb\$nmh\$Oo
- 2) O\$S \$SgA` m {dH\$ d I akrd aengH\$` H\$dmTslbo
OndV. Ago l mUnXnV{hnd` mda E` m` m gdZnd
Ami m ` E` mMr eS` Vm Anho
- 3) embò {dÚm` m _Ü` obÇaUmda Ami m AmJVm` BD
Aem emarfaH\$gaVr d I o nZm à{hgnhZ {Xb\$
Om` bm hd\$
- 4) JanKanU d ~m \$nUm` m gdZmge°\$ H\$eZ
~nbH\$ Yrb bÇaUmda à{V~yñ_H\$ Cnm ` mDz
am-dé` m Om` bm hi` mV.
- 5) ~nbH\$gnR\$A` m Amanté d nm\$U gdZmge°\$ H\$eU\$
A{Zdm` m Anho E` mM~am-a ~nbH\$Ym Anhma nadRm
H\$Um ` m nDZm` m XOnfgyVnà` m hd\$ AmU _m
ahUOoO\$ \$SgA` m {dH\$da {Z~Y` m` m hd\$.

bÇaUm _i o ~nbH\$ ` m AnH\$Zj _Vdahr n[aUm_ hm/n
n[aUm_r g_mOmA` m EH\$UM CÉnnKH\$da hr g_n` m a^nd
O\$H\$Oo ahUZM hr g_n` m Hd\$di Amanté mMr ZgY` Vr
am\$ {hVnMrhr RaVo ` m_wi br ` m g_n` darb
Cnm ` mDz m amVn` H\$ _i m` m hd\$
_hm` m VnV - H\$gymMr EH\$ H\$Vm Anho ~H\$gym Zndm` m
am\$ gm\$bm anO I mU nadnd\$bm m\$ E` m ZJam/rb
amOter am\$ gm\$o Vgm H\$namM H\$bm hmV/m ~H\$gymbm
Jnd\$` a Ap Zmhr {Xb\$Va gm` m am` nda A[ai]` BD
Aer ^rVr E` m ZJam` m anObm hmV/r. anO Jnd\$` a Ap
~H\$gymbm nmMnd\$bm Ap KDSZ ` m` mbdhr ~H\$gym
\\$V H\$V Ago A I a H\$V` m gMZgma ^r_mZ
~H\$gymmer bTj. E` mbm Ra\$ H\$os O\$S \$SgMm AmV(ZH\$
~H\$gym AnhV/m Amne` m _nZJ\$da ~gbm Anho ` m nXnVnM\$
gdZ H\$Umar _bS\$ndV: M ~H\$gymM\$` mU` ~ZV AnhV.
O\$S \$SgMr hr I mK\$H\$ AnmU MnbM RaUna H\$
{V` mer bTUna? hmM H\$ri mMm àfZ Anho.. ■



» gndYmZ! _bñMm Anhna ~XbVm...»

gñz VZOm
A{V I amZm

enbò {dÚm` m MmH\$
KaJvrl gy{bV ApnH\$
mnH\$0> X\ \$m0>\\$H\$ SedmT\m .
{X , rpnW "dknZ d n` m
H DmÀ` mgfN{Vzlvz hobj dYr
g\$V ntbAnboAnhV. AnnU
dò rM hm YnblmAni I bmZhr
Va bÇaUngnAI r HmnmUmr
g_n` m AnU l r {dH\$
éh KBØ...

► Annë` m emi H\$ar _lbnfÜ` o bÇaUmMo à_mU PnñQçmZodmT\mZm {XgV Anh
Jë` m XeH\$V XemV Pbøè` m H\$hr gihj Unf_mUoXemVrb 2.9 Vo14.3 0>§
_bñbÇ>AnhV, Va 1.5 Vo24 0>§ _lbnModOZ È` n` m d` mZigna OmñV Anh
ehar ^mJñf Ü` ohr g_n` m OmñV J\$ra Anh 2011 Å` m EH\$ñ Aä` mgmVz {Xgy
Anbo Anh H\$ ehar ^mJñfVrb 30 0>§ _bñbÇ>AnhV. È` nMa_mUo2017 Vrb
EH\$ñ Aä` mgmV anOHSñ A` m enbò _lbnfÜ` o bÇaUmMo à_mU 33 0>§ {Xgy
Anbò .

bhnZ _lbnfYrb bÇaUm hm J\$ra àíZ Anh H\$ñU ` m d` mQñrb _lbnfÜ` o
M` nnM` and, I am- emar[aH\$ Ananì` , oeñZ{df H\$ g_n` m, È` nM-amn a Cf
aºXm- An[U _Yw_bmgna»` m anñMo à_mU Anfì` V Anh Vrg dfñhyu Cf
aºXm- An[U _Yw_bmgna l o AnOna ~mbanU VÁknñ` m H\$ni OrMm {df` ZihVm
nU Anñm ho and bhnZ _lbnfÜ` o gan{ {Xgy bñlbo AnhV.

Va ` m bÇaUm A` m An[U AnOnan` m dmñE` m à_mUnMo H\$ñU H\$ñ? VÁknñ` m
_Vo_rR> gmI a An[U Ma-rMo OmñV à_mU Agbë` m nXñVñMo A{V gdZ ho
` m_nMo H\$ñU Anh 2` mMm AW©Agm Anh H\$ Annë` m _lbnf` m OrdZeþrV
An[U AnhnanV Jë` m H\$hr dfñp Anf jñm«~Xb Pbøm Anh? ho OnUz Ké` mgmRø
{X , rA` m EH\$ñ gñWz09 Vo17 dfºd` mQñrb 13,200 _lbnMogihj U H\$bo

` m Aä` mgmVz Agobj nV Anbo H\$, AnRdSçñVz 1 dò m nj m OmñV
mnH\$0> X Anhna I mUnf` m _lbnMo à_mU 93 0>§ Anh Va 68 0>§ _bñ
AnRdSçñVz EH\$ dò m nj m OmñV ^amñ gmI a AgbjñøJññ>no {nVñV.
MnH\$0> AnBñH\$ _gml o Jññ>nXñW©VgM {Mßg² An[U Zßéggnna»` m l mQ

AP CnbāY H\$eZ Xf` nV emi m_h̄dnMr ^_H\$ {Z^ndV
 AnhV. \&mar 2015 _Ü o{X_r Cf Y` m` n̄b` n̄Zo
 ^_n̄Vr` I n̄U ḡj m AmU _mZH\$ àmYH\$u
 (E\\$. Eg. Eg. E. Am)bm {ZX}e {Xbo hnW H\$ emi n̄Ü o
 AmU emi n̄ZOrH\$` m n̄aganV Aem nXnWMr CnbāYVm
 and ndr. nU BVH\$ df) bñbr Varhr `m {Z-Yn` m
 _nJRePS V̄dngla A§b-OndUr hnW Zm {XgV Znhr. hr
 _nJRePS V̄doMa-r, _rR>H\$dm gml a OnhV Agbē` m
 I n̄UnXnWMr CnbāYVm emi n̄Ü o AmU È` m ArgnngA` m
 50 _r0a_Ü o{V-\$YV H\$eVmV, OgoH\$ {Mbg²
 gml a` P\$ n̄o AmU P0a0>Zfég. _nJRePS gMZn\$ Ü o
 Agbr gMldbo AnhoH\$, a§nM dmna H\$eZ H\$eS>JÀ` m
 AmYnø H\$eZ Mo YnøU bmjy H\$bo Ondo H\$eZ_Ü o CnbāY
 I n̄U nXnWnH\$ {hai` m I UrVrb (nmfHS) I n̄UnXnWnH
 à_nU 80 0> Agndo bm̄ I UrVrb (Ma-r, _rR>H\$dm
 gml a OnhV Agbēbo AP) emi n̄Ü o CnbāY Agy Z` V;
 AmU {ndù` m I UrVrb (OdlUnV Wh\$em à_nUmV I m, o
 nm(HO) Wh\$em à_nUmV AmU H\$_r dm̄snaV ZcCnbāY
 H\$bo OnD\$ eH\$VmV. `m AnKenZy/a nØm-, Znrbf>AmU
 _hmari>`nfgna` m amA` n̄r emi n̄Ü o O§\$ \§ela -§r
 KnVbr. na§wgihj UmVz hdnVd J§ra Agé` nMo{Xgy
 Anbo Anho AnRdSçnVz XnZ nj m OnhV dø m nh\$0>§
 APnMogdZ H\$eUmar _bo_n̄kem g§` Zø AnhV.
 g€VH\$Mo ahUUo AnhoH\$ E\\$. Eg. Eg. E. Am . Zo` m
 _nJRePS V̄dnMr A§b-OndUr H\$eE` nMr dø Ambr
 Anho

g§(gÖ i` o\$Zr nh\$0>§ Anhnan` m OnhamV/r
 H\$eE` ndahr -§Z KrbE` nMr JaO Anho AP ḡj m AmU
 _mZH\$ H\$m Xm 2006 _Ü o{Xem`j H\$eUm` m OnhamV/tZm
 à{V-\$YV R§E` nMr VaVx Agbr Var VoW0>OnhamV/tda
 Xd ad RdV Znhr. "AS§h0x§PJ n̄Sg§ H\$Cp§gb Am\$
 B§> m H\$§br ñdV:Mr H\$UVrhr X§E` H\$ e o\$ Znhr.

bçäUm AmU g§-\$YV AnOmañlm dñtVm ^na nhvVm,
 à` mV H\$an0> A(^Zvø AmU Qsibr i` o\$ _Tdn`r
 nh\$0>§ I n̄UnXnWnHog_WZ H\$eE` mg nadnZjr Xd\$ Z` o
 OnhamV/tA` m àj mU dø dahr H\$§H\$ {Z_ AgbonhOV.
 ({defV: _bñgnR§ ~Zdbe` m nh\$0>§ CÉnnKZn`m
 àñgnHZ Xlñe` m OnhamV/r). Aem {Z_ nMoBVa Xen_Ü` o
 AmYrM nmbZ H\$bo OnV Anho CXnhaUnW© Am` bS>Ü` o
 _bñgnR§ Yrb à(gÖ i` o\$, nm` AmU
 i` o\$ ad nm dmna _bñgnQo>AWn`r bñ`r V AP
 CÉnnKZn`m OnhamVrgnR§ H\$eVm` Ura Znhr. X{j U
 H\$fa` m Ü` o g§` nH\$ni r 5 Vo 7 `m Xaå` nZ AmU 18



dfñhj m H\$_r d` nA` m _bñgnR§A` m H\$m P§_nkaå` mZ {d{ei}i>
 I n̄U I f` ngnR§ Qsibr OnhamV/r à{V-\$YV AnhV.

I aVa ^naVmV I n̄UnXnWnA` m OnhamV/tMo {Z_ Z d
 àj nU H\$goH\$ando` m-m V Jn`r n̄Zo{dMm a H\$eE` nMr JaO
 Anho È` nMà_mJnñfU beqboJ H\$m Xo_O~V H\$eE` nMrhr
 JaO Anho àE` nñH\$0aV {H\$Vr _rR> gml a AmU
 Ma-r Anho hoñni`i Uo nñH\$0anda {b{hUo` nñdf` r H\$m Xo
 AgndV. fXdg^amV earanbm {H\$Vr 0> _rR> gml a
 AmU Ma-rMr JaO AgVo AmU EH\$m nñH\$0aVz È` nVrb
 {H\$Vr 0> JaO ^nVohbr nñH\$0anda {b{hbbø Agndo

gdmP _h̄dnMo ahUo nñbH\$Mo _nJReP AmU
 hnVj o _bñgnm Aem nXnWnH\$e AmH\$eP H\$eE` mnmgj
 namñm H\$e eH\$Vo JeJm Yrb 12 dfñm {dÚmnu A§jX
 Xñmn ahUVnH\$, ""È` nñm {nAPm, ~J§, {Mbg² AmU
 MnH\$0> AndSVnV. "nA` m emi V O§\$ \§>CnbāY Znhr
 AmU _nPnmh\$ _nA` m Anhnam-Ob I nñ H\$H\$ AnhV,
 ahUy` r H\$YrH\$YrM AgonXnW©I nñm', A§jX` m
 nñbH\$Zm nñhrV AnhoH\$, È` nA` m d` nñQaVrb _bñgn
 MñQaVb V nXnW©AndSVnV. È` nA` m nñbH\$Zr Vo
 I nñ mnmgj È` nñm gñjU`r H\$obr Znhr. nU A§jXbm
 È` nñm nñbH\$ nd` nñH\$ñV gñ_rb H\$eZ KVnV. KaJWr
 Mnñé` m Anhnam` m gd` t-Ob È` nA` ner gñjÈ` nñzoghO
 gñhK gñVnV. H\$ñmV/rb Aem gñhKm nñalUm` hñD\$Z
 _bñgnMoKnV/H\$ nh\$0>§ Anhma galZnMoAnH\$0 Z,\$M
 {Z \$IV H\$eVm` Bø. ■

(AmññQ>2017 À` m "SxDZ Qy AW©` m B§jOr nñfj H\$Vm
 bd nMm_mZgr I nVr` nñr H\$obm ^nñzZñk)



~erVnBZm{ej Um§_hîd
nOb§Anho åhUZM Ë nZr
Amne` m A§UdrisbomHdi
"I MSs dñra HþdmMsndesh ` D\$
{XbbsZhr. ~erVnBZr Amne` m
AmMaUhVz A§UdrisVrb
~nObHsZm{Z Ë nZr m nObHsZhr
do i §di U bndbs HsBñs
JndhVrb A§UdrisbomAd;` m
Jndm§ej {UH\$ HþD ~ZdZ
Xm dUnë` m ~erVnB©ndam` m
_bZVrMr Xi b...



Höe` mZohmV Anhoa.. HsVrerb A§Udris gðdh\$: ~erVnB©ndam

► Zxh-ma {OëomVrb YSjnd hm EH\$ Xþ© Vnbhsm arVø
dnhVyl\$, Ananiz gfdYm drO Aem gdR 'þ^V gfdYm
A^nd ` m Vnbö` nV Anho Aem ^mñV engH\$` ` nOZm
Zm_m l ndeshnV Mnbë` m Var Vo` eM _nZb§OnV§ H\$u
Aem àVHþo ^mñV gdñ Úm bm engH\$` H\$ Pmar V` na
ZgVmV. H\$e` nhr engH\$` Znh§arV _nUg§éOy Pnbr H\$,
Vøehan§sbr OrdZeþrbm à`nfdV hnñV. gdñ I ðenV
XW AgboVar AgoH\$ Pmar Vnbö` n` m {RhsUr dnñV`
HsVmV. A§Udris gðdh\$ honX Xd rb engH\$`
H\$ Pmar nÜ M JUb§OnV§ E` m_i oH\$hr A§Udris gðdh\$
Xd rb ` nbm AndhK ZnhRV. AWn` A§Udris gðdh\$`
AÝ` gaH\$ar H\$ Pmar nÜ nUmn§bonJna d gðdh\$`
bm` { i V Zhr. E` m_i oAÝ` engH\$` H\$ Pmar E` nMr
VbZm H\$hrer AanVW dnñlo. nU ` Wo_ ñm engH\$`

gdH\$` m JndhVrb dnñV` nMm Anho engH\$` H\$ Pmar
Jndh\$` ngn VM dnñV` H\$AV AgVrb Va E` nZr m gdñMm
XOrfghaVnøhm AZrd Anho ` m NisZoHsBñs JndhVrb
A§Udris gðdh\$` ~erVnB©ndam ` nMr H\$ñ @br g_OY
j` m bm hdr. ~erVnBMr Nañçm JndhV anhm Mr BANñ
ZihVr. nU Hdi Amne` m H\$ñ m_ñbA` m {Oihm` nVz E` nZr
_Znbm _ñS> KmVbr. BVH\$M ZihE` nZr JndhV` m
A§Udris V HsgñerZoMV` hr AnUbs
~erVnBZr AE` ÿ _bZVrZonXdrn` VMs{ej U Kñb§
AmnU engH\$` Znh§ar H\$andr Aer E` nMr
bhñZnUmñgyZM BANñ hnñr. Zxh-ma {OëomV AnOhr
_bñt` m {ej UmMm Xa _bñt` m VbZV \ \$agn Mñbñ
Zhr. hm AñXdrgr ^m Agë` nZoVgñr Cf{ej UmM
a_nU H\$ñrM Anho _bñfr {ej UmV \ \$a _Ob Z JnRvñM

euVrV am-y bmJvrlV qHsdm_nb_Oarbm OrVnV. J[a-rM§
à_nU _nb§Agé`_nzo`_m ^nJnV VéUng_U`_on nndann`_nMr
XXnV {_Qaf`_nbVnVM _h1dnH\$ m AmT§ Vo ~erVnBMS
ndBZ§_ml Cf {ej U KDS engH\$` Znbsar {_i dE`_nMs
hnV§ nU E`_nMs hoñdBZ§_n`_m b3m_w oAYwM amfb§

AnXdngr ^nJnV AnOHsbo _bor {eh§ eHSvNv, E`_nMs
EH§_h1dnH\$H\$uU Anho AmL _emi nMr CnbäYVm ~hJnF
AnXdngr _nb_OargnR naJndr OnVnV. `_m nmíd®y_rda
AmL _emi nMr n`_n® grBfHs RaVnH H\$XfMV E`_m_w br
~erVnBZm {ej UnMr g§yr {_i V Jbr Agndr. nU _botZr
Znbsar H\$andr, Znd H\$_dnd§Ag§dnvndaU AOyhr Znhr.
Aem à{VH}b nmíd®y_rda ~erVnBZr nXdm V {ej U
KvB§ nU AMnZH\$ E`_nMs b% Pnbs ~erVnBZm ZnB@nOnZo
g§gnanV a_U§^nJ nSb§ nU Varhr Znbsar {_i dE`_nMr
Ang E`_nMs ñdñW ~gyXv ZihVr. E`_m_w o~erVnBZr
YSJnd_U`_o H\$§nU`_Vldndia EH\$n H\$§_nD`_nV {b{nh\$ ahUy
Znbsar {_i dbrM. YSJnd hoVrb§_nMs{RH\$u. `_m ZnbsarV
~erVnB©_je hn`_m nU H\$§hr H\$§UmzoE`_n`_m H\$§hr`_n`_r
YSJndhjZ Xhm {H\$§o_rQadarb H\$§B@nSm `_m JndnV ñWn`_H\$
ihm Mm {ZU© Kv/bm gnH(OH\$M Znbsarj m ~erVnBZm
H\$§nA`_m {ZU©nbm_hld XW§_nJ nSb§ YSJnd_Yrb
Znbsar g§y ~erVnB©H\$§B@nSçnlV Aem`_m BWoE`_n`_m
ej {UH\$ Jw@ñbm gmOg§H\$§hrhr ZihV§

~erVnB@`_m_ZnV AOyhr ZnbsarMo{dMn`_nM hmV
nU H\$§B@nSm VoYSJnd anO äding H\$§Z Znbsar g§e\$
RaU§eS` ZihV§ ~erVnBZr Amné`_m`_o_mZnMS_Z
di dJz nñhm YSJndbm anhm bm Mb@_Mr {dZ§y/r H\$§Z
nmhbr. nU ~erVnB@`_m nVrbm E`_n`_l`_ndm`_dn0b§Znhr.
~erVnB©{Zame Pn@`_m Aem {Zame _Z:pñWVrVM E`_n`_m
JndnV/M ZnbsarMr g§yr {Xgbr. H\$§B@nSçnl/M A§Udn§
g§dH\$§nX [a\$ hnV§ I ala A§Udn§ g§dH\$§nXgnR§
Xhndr ~nandrn` VM {H\$_nZ ej {UH\$ nmíl Vm Anho ~erVnB©
J@_E@_AnhV. Var E`_n`_r`_m nXgnR§ AO@Hbm
~erVnBZm A§Udn§ g§dH\$§nXndia {Z`_P\$hr {_i mbr. nU
I ar narj m`_nZy a g§e\$ Pnbr.

H\$§B@nSm hoJnd dololù`_m AmXdngr nmíSçnl_U`_o
{dI _nb0§Anho ~erVnB©anhVnV E`_m nmíSçnl/drg-nMdrq
H\$§_anhVnV. ~nH\$ KaXüXj dgblor. E`_m_w o
A§Udn§V ~nbH\$Mr CnpñWVr I yM H\$_r hnVr.
nmboH\$Zm A§Udn§M§_h1dhk n0b§ZihV§ nmboH\$
_bnZm A§Udn§V g§nV, nU A§Udn§V Ambor hr
Jar~nKaMr ~mi §H\$_mbrMr AñdAN>AgV. _bnZm Añni

KnbjZ A§Udn§V nnRhd§_nMr OrJrdhr AZn§Zm
ZihVr. hr gd©_b§eV_OanMr hnVr. E`_n`_m nmboH\$MS
Vi hnVnda nm@> Agobn§ Amné`_m nm@>nMr H\$§m Or
KUna H\$ nm@&nm`_mMm àÍZ g§f@Una?

~erVnBZr g§edn/rbm nmboH\$Zm g_OndZ nmhb§ nU
H\$§hrM Cn`_m PnboM Znhr. Al a ~erVnB©ndV:M
gagndé`_m E`_n`_r ñdV:M A§Udn§V Ambé`_m _bnZm
Añni Knbm bm g§edn/H@r. _bnMr ZI §H\$§TJø ZnH\$
gnH\$ H\$§Uohr H\$§_hr E`_m H\$§\$ bnJé`_m AZn§Xm Va
E`_n`_r`_m nnñMr er-eygn\$ H\$am bnhr hnV _mJnK/bm
Znhr. Jnd^aÀ`_m AñdAN nnñZm ~erVnB©Añni KnbVnV,
nnñZm el->ngVnV hoE`_n`_m H\$§hr`_n`_m _ml`_H\$§ g§dH\$§
dn0y bmJb§ E`_m_w oKamV {dn[aV n[apñWVr AmT@br.
~erVnB©Amné`_m H\$§_nVy _nKna j`_m bm V`_na ZihE`_m
A§Udn§Vrb _bnZm _m di U bnJU\$hoAnb§H\$§_M
Anho Ag§E`_n`_m_Zn_Z dn0V hnV§ nU H\$§hr`_n`_m Vo
nQV ZihV§ n[apñWVr BVH\$ {~KSbr H\$, ~erVnB@`_m
hm/Mm ñdñbmH\$ I nUH\$hr`_n`_r ~X H\$os

~erVnBZm dm@>dn0b§ nU E`_n`_l`_ndm`_r E`_n`_m H\$§_nMo
n[aUm_hr {Xgy bmJbohn/o nmboH\$Zm Am/m Ambr
O-m-Xnar g_Oy bmJbr. _bnMr ñdANVm ~erVnB©
ñdI verZoH\$§VnV, nU VoE`_n`_m H\$§_Zihø ho
JndH\$e`_n`_r`_mhr bj m`_ Amb§_J nmboH\$Zr _bnZm ñdAN>
H\$§Z A§Udn§V g§ññi bm g§edn/H@r. ~erVnBZr
Amné`_m AmMaUmVy hm ~Xb KS@bm

~erVnB@`_m nññH\$am_w o JndnV/br _b§_JnQadmUr {Xgy
bmJbr. hogñi H\$§VnZnM ~erVnBZr H\$§nffV ~nbH\$Zm
g§ññiUgnRshr bj H\$§ffV H\$§hrnV§ E`_n`_mbr g§ññiE`_H\$
n[aUm_ {Xgy bmJbo ~erVnBMr H\$§B@nSm A§Udn§V
2012 _U`_o {Z`_P\$ Pnbr, Vñhm`_m A§Udn§Vrb 60
~nbH\$Zm 29 ~nbH\$ Vrdk H\$§nffV hnVr. gÜ`_m_m _m
A§Udn§V H\$§i XnZM ~nbH\$ Vrdk H\$§nffV AnhV. ho
~erVnB@`_m H\$§_nMs`_eM _nZnd§bmJb.

"H\$§_Zo`_A\$eZ \$@_YññeZ'`_m à{H\$ VJ@
H\$§B@nSm A§Udn§Mm g_ndé Znhr. nU`_m à{H\$ Vy
A§Udn§V g§ññiE`_H\$ ~Xb KS@eH\$VnV ho ~erVnBZm
n0b§Anho E`_m_w oE`_m ñdV:M H\$Z à{H\$ MoCnH\$
Amné`_m A§Udn§V am-dboOndV`_ngnR§ nññH\$am
AgVnV. "Hé`_mZo hnV Anho aq AmYr H\$§M nmboH\$od`_m
dMZnMm àE`_j Xml bm ~erVnB@`_m H\$§_nVy {_i Vn
~erVnB@`_m_ZnJrb {Oihm`_mMr bmJU g§ff
A§Udn§çnlm hnñm hM`_m {Z_ñmZo ZnKdmf§§dn0V§ ■

» C̄m_ A\$Udn\$ BWo_ b\$A\$Udn\$da ào_ H\$aVmV...

gMZ gr
_mzgr | n/r

nđm{ H\$ {ej Um` m` mñi o{ngalS\$ym A\$Udn\$ Vrb _b\$
A\$Udn\$da ào_ H\$é\$ bmJbr. A\$Udn\$Mr dí gH\$ni r XhnMr. nU BWo
_b\$gn\$Z\$onM hOa hn\$vn/...

► JS\$Manor_Yrb Am_ mñi Vrb {ngdS\$ym ` m JndnVrb A\$Udn\$ V Zb_rM
AmZjr dn/mdu {XgVS E` nM\$ l ò Om/§ A\$Udn\$ gđH\$ ho_bVm OJQs` nñm
ho_bVm/nB©drg dfñhngy ` m A\$Udn\$ V H\$ñ §V AnhV.

ho_bVm/nB©gn\$VnV, ""_r A\$Udn\$ gđH\$ ahUy H\$ñ nm gđdmV H\$ñr Vihm
n[apñWVr dñj i r hnVr. H\$ñbnM A\$Udn\$ M\$ _hñd nñbñbñ ZihV\$ _XVZrg VnB©mhr
_bnM ~nbñy AmJnd\$bmjm M\$ nmñbñ H\$ _bñy A\$Udn\$ V nmñbñ ZgV...."
ho_bVm/nB©m à` EZn_i onyduMr n[apñWVr nñcñbñbñ Anh Anh/m JndnVbr _b\$
gn\$Z\$onM A\$Udn\$ CKSE` nmñr dnñbñ V XmnV C^r AgVmV. nmñbñ dí V _bñy
A\$Udn\$ V gn\$VmV.

_b\$ A\$Udn\$ V Xm! b Prñbñ H\$ ho_bVm/nB©AmYr MOB©A\$VmV. _J gJir _b\$
[aJUmV ~gVmV. _J gie\$ hn\$vnñm E` nñm
I nD\$ñmñ. EI nñs' p aSV Agë` ng ho_bVm/nB©

» H\$Z à{H\$` Á` m hñVj om_i o A\$Udn\$bñm Jñ_nñm` VrMoAW©mo

► JS\$Manor_U` oMñi rg Jndn_U` o "H\$Z' à{H\$` m am-dbr OnV Anh ` nnH\$M AnYir
` m JndnV {ZYrA^ndr A_V Anhna ` nñZm ~ñ hnVr. hr _ñhVr H\$Z à{H\$` Á` m
H\$ñ P\$E` nñm g_Obr. E` nñYñA` m KSñ nñi oJñ nñm VrA` m {ZYrV\$ A\$Udn\$bñm
AW©mo { i nbo H\$Z à{H\$` Á` m ` m gH\$ññE` H\$ hnVj om_i o AnYir JndA` m
A\$Udn\$bñVrb {d{dY aíZ Anh/m _nñu bñJy bñJbñ AnhV.

AnYir ho_Jnd Vrb` nñ` m {RñH\$ñnnngy 18 {H\$_.r. A\$Vanda Anh _b`
H\$ñ nññngy Xñ Agbe` m JndnVrb g_n` m AZñXm Xpñg V anhVmV. nU H\$Z
à{H\$` o i o Anh/m Xpñ A\$Udn\$bñg` m g_n` nñr nñbñda ` D\$ bmJé` m AnhV.
A\$Udn\$bñg` m g_n` nñia Jndn/M _nñr H\$ñTñbo OnD\$ bmJbñV. "Anahr Am_A` m
Amññ mnñR\$` m gñWññSV JS\$ManorV H\$Z à{H\$` m am-dbr OnV Anh gñWñ
H\$ñ PSV} _ññ ZñJñññ ` nñm Jnd^ññXaa` nñZ AnYir_U` o "A_V Anhna ` nñZm
~ñ Agé` nñMñ AnTñ bo A\$Udn\$bñV ` m Xaa` nñZ XññV` Xñ _nñm EH\$
Janka _ñbñm VgM 30 ~ñbñH\$ñMr ZñK hnVr. ` m bmññ` nñm Hñdi
{ZYrA^ndr A_V Anhna ` nñZmngy dñMV anhndobñJv hnVr



É` n̄bom Odi K̄n̄lV. É` n̄Mr {dM̄n̄ang H̄s̄aVn̄lV. Jn̄Dm̄aVn̄lV.
 'jb H̄s̄a aSV` É` n̄Ms̄H̄sh̄aU On̄Uj̄ K̄n̄lV. `m̄_i o
 Ās̄Udm̄s̄f ḡdH̄sh̄d _b̄n̄d̄_U` o{Oihm̄u` n̄Ms̄Zn̄lS̄{Z_n̄f
 Pm̄boS̄ W̄n̄th̄m̄ bm̄_i V̄s̄

{def áhUOo` m Ās̄Udm̄s̄fV Am̄boS̄áE` H̄s̄ -n̄bH̄s̄
 AJXr Q̄n̄Q̄n̄ {XgV̄s̄ {ngdS̄Ȳm̄ hoAm̄Xdm̄gr Jnd Am̄ho
 AW̄p̄ J̄a~n̄Mr b̄n̄d̄d̄n̄lVr. Varhr _b̄s̄BVH̄\$ N̄z Z̄ȳ
 Ās̄Udm̄s̄fV H̄s̄er H̄s̄m̄ `V̄n̄lV? `m̄_i Z̄n̄da ho_bVn̄lB̄c̄
 áhUVn̄lV. ""_r nn̄bH̄s̄er ḡs̄k̄ ḡm̄V̄o em̄ iV̄ _b̄n̄Z̄m̄
 nn̄bVn̄lZ̄m̄ Z̄oZ̄ȳ nn̄bVn̄l Z̄m̄? _J Ās̄Udm̄s̄fVhr VgM̄
 H̄s̄m̄ M̄s̄ ho ḡs̄JVB̄bH̄s̄ nn̄bH̄s̄Z̄m̄ H̄s̄ V̄s̄ n̄U VoZr̄>
 g_ Oz̄ ḡs̄É` n̄ḡn̄R̄s̄ _r J̄h̄^q̄s̄ H̄s̄V̄o `m J̄h̄^q̄s̄_Ū`o
 _b̄n̄Z̄m̄ nm̄ n̄v̄ M̄nb̄nb̄ Aḡnd̄r, Ji V̄s̄Zn̄H̄s̄ nd̄AN>
 H̄s̄E` n̄ḡn̄R̄s̄ é_n̄b̄ Aḡnd̄m̄ H̄s̄s̄Zr̄Z̄H̄s̄ Aḡnd̄v̄...''
 AJXr gn̄l̄ m gn̄l̄_m J̄n̄i[‡]_Ob̄ ho_bVn̄lB̄c̄n̄bH̄s̄er ḡs̄k̄
 ḡm̄Vn̄lV. É` m̄_i o` m Ās̄Udm̄s̄f ḡdH̄d̄m̄ Am̄n̄e` m n̄ne` n̄l̄r
 H̄s̄i Or Am̄ho {VÀ` m hm̄/n̄lV _b̄s̄ḡ_j V Am̄h̄V̄ `n̄m̄
 {d̄d̄ng nn̄bH̄s̄Z̄m̄ d̄n̄V̄o n̄faUm̄_r {ngdT̄Ȳm̄ Ās̄Udm̄s̄fV̄
 {eñVrM̄s̄d̄m̄d̄aU AZ̄n̄dm̄ bm̄_i V̄s̄

`m Ās̄Udm̄s̄fV Jn̄Ur áhUm̄ bm̄_b̄n̄fM̄ C̄ḡn̄h̄ {def
 ZOaV̄ ^aV̄n̄ Jn̄Uj̄ H̄sh̄u áhUUma? Agm̄ àÍZ̄
 ho_bVn̄lB̄Z̄r {dM̄n̄bm̄ H̄s̄ _b̄s̄_r _r áhUj̄ JbH̄s̄

g_ñ` m gn̄s̄E` n̄ḡn̄R̄s̄ àW_ _H̄s̄e Zn̄Jn̄n̄o` n̄z̄r Jnd
 Am̄n̄z̄ ḡl̄_V̄r, _n̄m̄ḡl̄_V̄r d A_ V̄ Arh̄m̄ `n̄Zm̄
 g_ V̄r gXñ` n̄` m ^q̄s̄ K̄n̄e` m n̄U {ZYrA`n̄dr
 bm̄_n̄` n̄Zm̄ {i Umar Ās̄e ~q̄ Am̄h̄V̄ d Am̄V̄m̄ {ZYr
 Am̄bm̄ VaM̄ hr g_ñ` m ḡb̄ AgM̄ gd̄Z̄m̄ dn̄q̄
 hn̄s̄ n̄U `m g_ñ` da Jndh̄lV̄M̄ _n̄q̄H̄s̄t̄Uoḡh̄o
 eS̄` hn̄l̄o É` m̄_i o _H̄s̄e` n̄z̄r Jndh̄lrb̄ "nn̄fU
 h̄s̄ JQ̄n̄Mr ~RH̄s̄ K̄n̄br̄. `m JQ̄n̄V̄b̄
 gXñ` n̄z̄r g_ñ` da n̄th̄m̄ {dM̄n̄{dZ_ H̄s̄b̄
 É` n̄ȳ Jn̄n̄M̄m̄ V gXñ` n̄z̄r n̄t̄H̄s̄
 K̄n̄e` nḡ hr g_ñ` m_n̄ju b̄n̄ȳeH̄s̄/o
 `nda gdn̄Mo EH̄s̄_V Pm̄bo `m ~RH̄s̄V̄
 H̄s̄hr Jn̄n̄M̄m̄ VrMo gXñ` hr Cnp̄n̄W̄
 hn̄l̄o

Jndh̄lrb̄ ḡY_ n̄Zz̄r`
 Zn̄J[aH̄s̄f ḡn̄e VM Am̄em H̄s̄m̄ P̄s̄V̄u ḡaV̄m̄
 H̄s̄ao` n̄z̄rXd rb̄ `m ~RH̄s̄V̄
 gH̄s̄n̄e_H̄s̄ {dM̄n̄ i` °\$ H̄s̄oo

H̄s̄Vn̄lV. Xḡe` m {Xder H̄s̄n̄V̄S̄Jn̄Uj̄H̄s̄n̄J Jn̄Una` n̄M̄s̄
 gn̄j̄ḡs̄rV {Z_n̄ZM̄ ho_bVn̄lB̄c̄s̄Z K̄n̄lV. É` n̄Zgn̄a
 _b̄s̄V̄ mar H̄s̄s̄Z̄ `V̄n̄lV d gdn̄Kd V Z Km̄-aVm̄ Z b̄n̄OVm̄
 Jn̄lVn̄lV. Am̄Z̄x̄r dhn̄nd̄aU `m̄j̄ m dol̄ i §VoH̄s̄i AḡV̄
 `m Ās̄Udm̄s̄fVrb̄ _b̄s̄BVH̄\$ Am̄Z̄x̄r H̄s̄er? `m̄s̄J_ H̄s̄
 gn̄j̄Vn̄lZ̄m̄ ho_bVn̄lB̄c̄ahUne` m̄ ""_r nd̄V: _b̄n̄gn̄aV̄
 Jn̄Ur Jn̄V̄o {M̄n̄_m_XV̄rZo _b̄n̄gn̄aJn̄i[‡] gn̄j̄Vo É` m̄_i o
 n̄M̄` mer É` n̄Mr Xn̄iV̄r hn̄l̄o...''

Xn̄darb̄ CS̄n̄ḡl̄m̄ Ī ī, M̄s̄M̄m̄ Ī ī Ī ī Vn̄Z̄m̄ _b̄s̄Xḡl̄m̄
 Va H̄s̄Vn̄lV, n̄U H̄s̄Urb̄m̄ BOm̄ hn̄s̄ Z̄ o` n̄Mr H̄s̄i Or _b̄s̄
 nd̄V: M̄ K̄n̄Z̄m̄ BWo {XgV̄n̄lV. `m̄s̄H̄s̄aUhr ho_bVn̄lB̄c̄m̄
 ào ī ī {°`_T̄dn̄V̄ XS̄b̄s̄Agn̄s̄ Vn̄B̄_Yrb̄ ào n̄M̄s̄
 AZ̄n̄s̄UM̄ Ās̄Udm̄s̄fVrb̄ _b̄s̄H̄s̄aVn̄lV Aḡs̄áhUVm̄ `B̄.̄
 ho_bVn̄lB̄Z̄r _b̄n̄gn̄R̄s̄ nd̄AN>Vm̄s̄ EH̄s̄ Y_n̄b̄ Jr̄V ~gdb̄s̄
 Am̄ho _b̄s̄Am̄bo hn̄l̄ nd̄AN>H̄s̄Vn̄lZ̄m̄ VoJr̄V̄ Jn̄lVn̄lV.
 "hn̄l̄/n̄l̄ An̄hongm̄, nn̄E` n̄l̄ nn̄b̄Vn̄l n̄ḡm̄ EH̄s̄ Kr̄ḡ
 {MD̄M̄m̄ EH̄s̄ Kr̄ḡ H̄s̄D̄M̄m̄ ~m̄ M̄nd̄ Vn̄o Ās̄R̄s̄, 'R̄>
 _n̄R̄em̄ b̄n̄l̄ n̄Mr... ' Ago` m ~S̄s̄S̄j̄r̄V̄Mo ~n̄b̄ An̄hV̄. Vo
 Jn̄lVn̄lZ̄m̄ _b̄n̄Z̄m̄ gh̄o nd̄AN>Vm̄s̄_h̄id n̄oV̄s̄ ■

{ngdT̄Ȳm̄ Ās̄Udm̄s̄fV H̄n̄nfV̄ _b̄n̄M̄s̄à_n̄Uhr H̄s̄_r
 Am̄ho A` m Ās̄Udm̄s̄fV ào_n̄M̄m̄ dfn̄f̄ hn̄l̄/n̄ {V̄l̄H̄n̄nfU
 {OHīo H̄s̄? ■



Am̄Xdm̄gr ^m̄Jn̄lrb̄ Jn̄n̄M̄m̄ Vrb̄m̄ "nḡm̄ H̄s̄i ÚñV̄J̄
 {def {ZYr {i yeH̄s̄/n̄ `m̄-m̄-V gdn̄Mo EH̄s̄_V Pm̄bo
 Jn̄n̄M̄m̄ VrÀ` m nḡm̄ H̄s̄f g_ V̄rMo AÜ` j̄ _Ygn̄am̄ H̄s̄n̄J̄
 hoXd rb̄ `m ~RH̄s̄b̄m̄ Cnp̄n̄W̄ hn̄l̄o É` n̄z̄r b̄JMM
 Ās̄Udm̄s̄fV A_ V̄ Arh̄m̄ `n̄Zm̄ ḡīe s̄ arh̄nd̄r
 `n̄ḡn̄R̄s̄ nn̄M̄m̄ h̄Om̄ én̄` n̄M̄m̄ {ZYr Cnb̄aY hn̄s̄f
 eH̄s̄/n̄o` n̄b̄m̄ n̄` Vm̄ {Xbr̄.

`m ~RH̄s̄V̄ Jndh̄lrb̄ n̄M̄Ur g_ñ` dahr
 MM̄P̄n̄br̄. _n̄a Zn̄k̄en̄V̄r_ī o Z̄ī n̄z̄m̄ n̄M̄Ur
 `V̄ Zḡe` n̄M̄o ~RH̄s̄Vrb̄ MM̄ȳz̄ n̄t̄s̄ Am̄bo hr̄
 g_ñ` m gn̄s̄E` n̄ḡn̄R̄s̄hr̄ nḡm̄ {ZYrV̄ȳ
 AW̄gn̄enḡ_n̄` Vm̄ X̄` n̄l̄ Am̄br̄. É` m̄_i o
 A_ V̄ Arh̄m̄ `n̄Zm̄ d n̄M̄Ur àíZ̄ Aem̄
 Xn̄Z̄ g_ñ` n̄` m gn̄s̄E` n̄ḡn̄R̄s̄ nḡm̄
 {ZYr bdH̄s̄aM_ Ōȳ Pm̄bo H̄s̄
 à(H̄s̄ A` m h̄n̄V̄j̄ om̄_i o
 Ās̄Udm̄s̄f ḡn̄e VM Jndh̄lrb̄ A_ V̄
 g_ñ` n̄hr̄ ḡb̄m̄ bm̄_XV̄ {i V̄
 Am̄ho ho` n̄d̄eS̄ {XgV̄o ■



EH\$ g\$^m` YnH\$^mQ\$ i bm..

H\$Z à{H\$ V\$ hñVj m`` dò r, ` nñ hñVj om_ i ò Ord _rÀ` m
_nVmgah` mH\$j V` V AnhV. ` nMr EH\$ h{H\$JV...

► nñlo{OëomVrb Olpa Vnb` mV "H\$g]Z0s A\$eZ \\$_ \$A V\$eZ' hr à{H\$ m Mni rg Jndh\$ Ü` oam-dbr
OnV Anho ` m Mni rg Jndh\$ H\$ KnK Ka ho EH\$ Jnd. ` m JndhV "aMZn\$ g\$WÀ m H\$ m P\$E` nñhñmm ZnS\$ls\$
H\$ m \$V AnhV. È` nMa_nJo` Wrb Amem H\$ m P\$Vu Xd rb H\$Z à{H\$V g{H\$ gh^mr hñV/mV.

EH\$ {Xder nñnn/nB^d Amem H\$ m P\$Vu JndhV Jñ^q\$ XV hñV m ` m Jñ^q\$ V E` nñzr d{ZVm
A{Zb andVo ` m Janika _{hbMr ^q\$ Kñbr. ` m ^q\$A` m dò r d{ZVm andVo
ghm _{h\$` nÀ` m J^q\$Vr hñV m nU È` nñMr A\$Udn\$sv ZnK _m` Prñbr
ZihVr. A\$Udn\$sv Znd ZnK Ur H\$e` m_ i oH\$ m _XV { _i Vq` ` mMr
_m hVrhr d{ZVm/nB\$Zm ZihVr. È` nñzr A\$Udn\$sv AnnU Znd ZnKdms
Agñr dn\$V ZihV§

bm^m` m_U` oA\$Udn\$svrb gññ\$Ob AZb\$km AZ(^kVm Anñ` Vo
È` m_ i o nñnn/nBZr Amem H\$ m P\$Vu ` m _XvZod{ZVm/nBÀ` m H\$ñfr` nñzr
A\$Udn\$sv Janika {ó` m_ i o ZnKUrMo_hñd Amñr nñqz {Xbo
È` nMa_nJo` E` nñzr bmJbrM ` m _{hbMr ZnK A\$Udn\$sv V H\$ñdy
Kñbr.

d{ZVm ` mMr A\$Udn\$sv ZnK Va Prñbr. nU ` m ZnKrÀ` m dò rM
d{ZVmMr emar[aH\$ AdñWm H\$ m Or H\$ñE` ngnal r Anho ho bj nV Anbo
hñV/o d{ZVm/nBMo{h_mñmñ-Z d d0Z Xññhr H\$ r hñV/o È` m_ i o _J
È` m_ i o _Jm_ i o _H\$ Amñtñ H\$ñfr/ ZlboJbo ` m {R\$ñUr È` nñMod0Z H\$ñdi
34 {H\$ñmod {h_mñmñ-Z \\$_\$ 5.7 J\$ Agè` nMoAmñ` bo È` m_ i o
d{ZVm/nBMs~mì \$ñU OnD _rM\$ñhñUna hñdi rM bj nV Anbo AY` Wm
hr OnD _rMr _n/m Vm/S\$À` m galññgnyZ d\$MV arñhbr AgVr.

È` nñzr a nñnn/nB^d Amem H\$ m P\$VuZod{ZVm/nBMs {Z` _V
nnRñmndm Hññm d{ZVm/nB^o\$dm^rÀ` m Jññ` m d Mrñg Anhna KVrb
` nñSSedj {o\$ñb j` {Xbo OnD\$ bmJbo A_V Anhna ` nñZVrb
Anhna d{ZVm/nB^KVrb ` ngnRñhr nnRñmndm H\$ñE` mV Anbo

nñnn/nB^d Amem H\$ m P\$Vu ` m nnRñmñ` m_ i o d{ZVm/nB^hi hñi y
OnD _rÀ` m pñWVrVj ~ñha nSë` m È` nñMod0Z dmTñ 45 {H\$ñm
Prñbo {h_mñmñ-Z Ü` br dmT>hnD\$ V 12.8 Prñbo WññçñM
{XdgñV d{ZVm/nBMo~mì \$ñU gññ è\$ññUonma nS\$bo

åhññsVa hr EH\$ gm_m` KñZm Anho nU ` nñ dò r
Hññm ` nñ hñVj n, {Z` _V nnRñmndm ` m_ i o AZb\$ g\$^m`
YñññQ\$ i y eH\$VnV. _m hVrÀ` m A^ndm_ i o _{hbMr A_E` y
YñññXm H\$ AdñWV OJVnV. nU H\$Z à{H\$ à` m hñVj om_ i o
Anñm Aem KñZm à^ndr à{V~y hñV Anho ho` ndé\$Z
AYññQI V hñV/o ■

